

Green Township School District
Grades: K-2 Physical Education/Health Benchmarks

Report Card Indicators			
	MP #1	MP #2	MP #3
2.5.P.A- Developing competence and confidence in gross and fine motor skills provides a foundation for participation in physical activities.	He/she is introduced and develops gross motor skills. (Eg. walking, hopping, galloping, sideslide, skip, run, grapevine)	He/she refine/applies gross motor skills. (Eg. walking, hopping, galloping, sideslide, skip, run, grapevine)	He/she demonstrates competence in gross motor skills at grade appropriate level. (Eg. walking, hopping, galloping, sideslide, skip, run, grapevine)
2.5.2.A- Understanding of fundamental concepts related to effective execution of actions provides the foundation for participation in games, sports, dance, and recreational activities.	<p>He/she is introduced to and recognize changes in fundamental concepts of movement. (Eg. different levels, directions, pathways, and changes in tempo/beat/rhythm)</p> <p>He/she corrects movement errors in response to feedback.</p>	<p>He/she demonstrate and apply fundamental concepts of movement. (Eg. different levels, directions, pathways, and changes in tempo/beat/rhythm)</p> <p>He/she continues to correct movement errors in response to feedback.</p>	<p>He/she explain and perform movement skills with developmentally appropriate control in a variety of settings at grade appropriate level. (Eg.skill practice, games, sports, dance, and recreational activities)</p> <p>He/she continues to correct movement errors in response to feedback.</p>
2.5.2.B- Teamworks consists of effective communication and other interactions between team members.	<p>He/she understand and appreciate how attitude impacts physical performance.</p> <p>He/she is introduced to activities that have offense and defense.</p> <p>He/she introduced to competitive and cooperative activities.</p>	<p>He/she recognizes when their attitude is impacting physical performance.</p> <p>He/she develops offensive and defensive strategies.</p> <p>He/she differentiates when to use cooperative and competitive strategies in games, sports, and other movement activities.</p>	<p>He/she corrects attitude that is impeding physical performance at appropriate grade level.</p> <p>He/she applies and is able to explain the offensive and defensive strategies at grade appropriate level.</p> <p>He/she implements cooperative and competitive strategies in games, sports, and other movement activities to achieve a goal at grade appropriate level.</p>
2.5.2.C- Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events	He/she is introduced to the importance of good sportsmanship in activities.	He/she can define, provide examples, and begin to demonstrate good sportsmanship.	He/she can demonstrate and exhibit good sportsmanship with teacher guidance.

contributes to enjoyment of event.	He/she is introduced to protocols of class.	He/she exhibits established protocols of class.	He/she recognizes the role of rules and etiquette in teacher designed activities at grade appropriate level.
2.6.2.A- Appropriate types and amounts of physical activity enhance personal health.	He/she are introduced to the role of how regular physical activity relates to personal health and engage in age-appropriate activities that promote fitness.	He/she can explain the role of regular physical activity in relation to personal health and engage in age-appropriate activities that promote fitness.	He/she will continue to explain and better understand the role of regular physical activity in relation to personal health and engage in age-appropriate activities that promote fitness at grade appropriate level
2.1.P.D- Developing an awareness of potential hazards in the environment impacts personal health and safety.	He/she will be introduced to the appropriate protocol of emergency drills and classroom procedures in relation to safety.	He/she will understand and explain safety protocol with teacher prompting.	He/she will understand and explain safety protocol without teacher prompting.
2.1.2.E- Many factors at home, school, and in the community impact social and emotional health.	He/she will be introduced to appropriate conflict resolution techniques and proper response to stressful situations.	He/she will be demonstrate appropriate conflict resolution techniques and proper response to stressful situations with teacher guidance.	He/she will be demonstrate appropriate conflict resolution techniques and proper response to stressful situations without teacher guidance.
2.2.2.A- Effective communication may be a determining factor in the outcome of health-and safety- related situations.	He/she will be introduced how to express needs, wants, and feelings appropriately.	He/she will demonstrate appropriate expression of needs, wants, and feelings with teacher guidance.	He/she will demonstrate appropriate expression of needs, wants, and feelings with minimal teacher guidance.
2.2.2.C- Character traits are often evident in behaviors exhibited by individuals when interacting with others.	He/she will be introduced to the meaning of character (thoughts and actions of self and others).	He/she will demonstrate further understanding of the meaning of character (thoughts and actions of self and others).	He/she will explain and demonstrate further understanding of the meaning of character (thoughts and actions of self and others) at grade appropriate level.